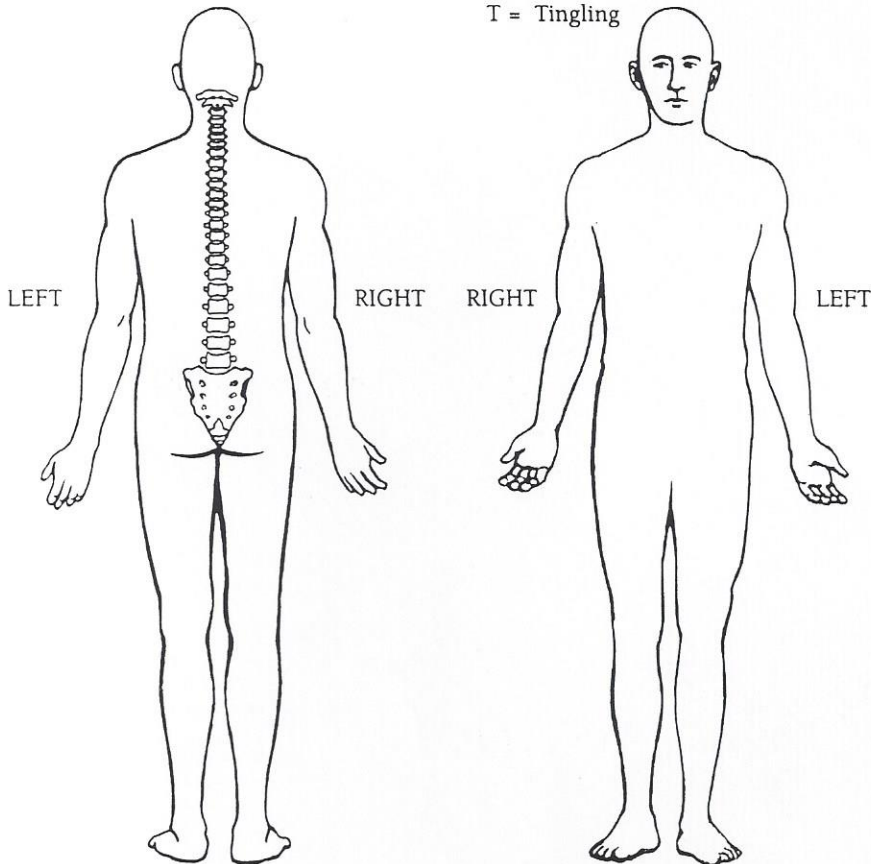


MARK PAIN AREA

- +++ = Burning
- 000 = Stabbing
- = Sharp
- III = Constant
- XXX = Other

MARK AREA

- A = Ache
- N = Numbness
- P = Pain
- S = Soreness
- SF = Stiffness
- T = Tingling



Please mark area of pain on the drawing using the code listed above.

SEVERITY OF PAIN

List region of pain and circle severity number.
(1 = least, 10 = greatest)

ex. Neck _____ sharp
1 2 3 4 5 6 7 **8** 9 10

REGIONS

- Neck _____
1 2 3 4 5 6 7 8 9 10
- Mid Back _____
1 2 3 4 5 6 7 8 9 10
- Low Back _____
1 2 3 4 5 6 7 8 9 10
- Hips _____
1 2 3 4 5 6 7 8 9 10
- Arms _____
1 2 3 4 5 6 7 8 9 10
- Legs _____
1 2 3 4 5 6 7 8 9 10

Previous Neck Pain # _____ Pain Now # _____
 Previous Mid-Neck Pain # _____ Pain Now # _____
 Previous Low-Back Pain # _____ Pain Now # _____
 Previous Hip Pain # _____ Pain Now # _____
 Previous Arm Pain # _____ Pain Now # _____
 Previous Leg Pain # _____ Pain Now # _____

- | HELPS | POSITION | HURTS | HELPS | POSITION | HURTS |
|--------------------------|------------------|--------------------------|--------------------------|----------------|--------------------------|
| <input type="checkbox"/> | Bending Backward | <input type="checkbox"/> | <input type="checkbox"/> | Lying on Side | <input type="checkbox"/> |
| <input type="checkbox"/> | Bending Forward | <input type="checkbox"/> | <input type="checkbox"/> | Sitting | <input type="checkbox"/> |
| <input type="checkbox"/> | Bending Leg | <input type="checkbox"/> | <input type="checkbox"/> | Standing | <input type="checkbox"/> |
| <input type="checkbox"/> | Driving | <input type="checkbox"/> | <input type="checkbox"/> | Stretching | <input type="checkbox"/> |
| <input type="checkbox"/> | Lifting | <input type="checkbox"/> | <input type="checkbox"/> | Stretching Leg | <input type="checkbox"/> |
| <input type="checkbox"/> | Lying Face Down | <input type="checkbox"/> | <input type="checkbox"/> | Turning Body | <input type="checkbox"/> |
| <input type="checkbox"/> | Lying on Back | <input type="checkbox"/> | <input type="checkbox"/> | Turning Head | <input type="checkbox"/> |

- | HELPS | POSITION | HURTS |
|--------------------------|------------------|--------------------------|
| <input type="checkbox"/> | Walking | <input type="checkbox"/> |
| <input type="checkbox"/> | Other: Describe: | <input type="checkbox"/> |

Doctor's Signature _____ Date _____